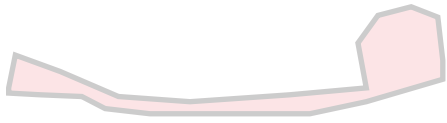




LISBON

SOME OF OUR FAVOURITE PLACES AND WALKS



WALK BY THE RIVER AND LUNCH AT THE TIME OUT MARKET

Start in Lisbon's big square, the handsome **Praca do Comercio**. This was once the site of the Royal Palace which was destroyed – along with lots of the city, in the 1755 earthquake. Today this space is known as Lisbon's living room.

Facing the water, exit the square to your right, following the riverbank. There is no wall, no guard rails – just you and others enjoying the view and the fresh air. Your walk finishes in another square called **Cais do Sodre** (train station), where you'll find the **Time Out Market** – your lunch destination. Time-Out is an English city guide magazine that came up with the idea of partnering with local restaurants for large scale, market-style, gourmet food halls (with no plastic!) Lisbon was the first, housed in one half of the old downtown food market. The outer rim is lined by twenty local restaurants and the centre seats a few hundred customers. The energy is wonderful as is the food. Think gourmet grazing. Check out the topnotch wine store – **Garrafeira Nacional** – and gift store – **Vida Portuguesa** (all things made in Portugal)

Open daily 10:am to midnight

Mercado da Ribeira, Av. 24 de Julho

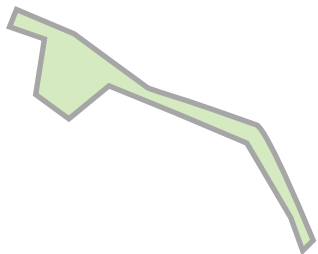


SHOPPING AND DRINKING IN CHIADO

This is known as the ritzy part of Lisbon (along with Ave Liberdade.) The streets are beautiful as are the stores. **Livaria Bertrand, Portugal's oldest bookstore**, is on the corner of R Garrett and R Anchieta. Walk to the rear and you'll find **a tiny café celebrating Fernando Pessoa** – a truly original poet, philosopher, character who lived in Lisbon.

Continue to the end of Rua Anchieta, turn left and then right on to **Rua Ivens #14 where you'll find the jaw-dropping beautiful Rocco bar and restaurant** (part of the Ivens Hotel). Tasty snacks served all day at the bar, by professional and friendly staff. Check out the washroom!

Chiado's quieter spot is the **leafy Carmo Square at the top of Rua Sacramento**. The **Carmo monastery** burnt down in the 1755 earthquake, but all the stone walls and arches survived. It's like visiting a cathedral with an open roof. The square has several cafés for bites and refreshment.



EXPLORE PRINCIPE REAL

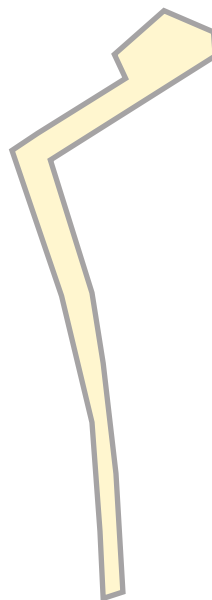
Historically, the rich people lived on the highest point of a city, away from the smells and danger.

Principe Real is Lisbon's high point in all senses of the word.

Beautiful streetscapes, restored palaces and wonderful vistas. Start your walk by checking out one of the smallest and richest churches in Lisbon, **São Roque**.

Then take the very narrow sidewalk beside the church to the **Miradouro de São Pedro de Alcantara**. The views and design of this public space are fab.. Great views of the 'other side' and river, especially the **O Castelo de São Jorge** which is lit at night. Further up hill, passing wonderful restaurants, you'll find handsome buildings overlooking **Principe Real Park**. On your right you'll come to **Embaixada** (R. Dom Pedro 25), a beautifully restored Moorish palace converted to small, **made-in-Portugal boutiques, a café/restaurant and Gin Bar**. Satisfaction for all the senses. Big time.

Continue exploring on this side as far as **Jardim Botânico** (not great) and start your return towards the downtown on the park side. Note the **giant Ficus trees** with rambling roots, and join the people hanging out at the *Quiosque*, one of Lisbon's outdoor cafés. **Pavalhao Chines** on R Dom Pedro 89 is an amazing, multi-room bar adorned with cabinets filled with a million collectables. Ring the bell to get in. Nighttime only.



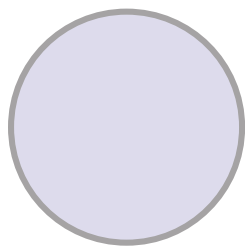
AROUND THE ROMANTIC PRAÇA DAS FLORES AND SÃO BENTO

Praça das Flores neighbourhood is wonderful in two ways: natural beauty and almost tourist free. Sit by the blue fountain and enjoy the dapple lighting peeking through the giant trees. There's a *Quiosque* to grab a coffee or *cervejas*.

For lunch head to the **Marquise** funky café. Its bakery (next door) sells the best bread in town. Or you might prefer **Worst** (on the same street), an Austrian café selling guess what! Find your way to **Mercearia de São Bento** where its little backroom wine cellar could not be more enticing and delightful. Head south on the same street – all the way to the 'end' – and you'll discover a great neighbourhood filled with antique stores, cafés, food and wine places, and more.

Start a Flores evening a short distance away, at Bar Imprensa – shades of a NYC corner bar. Perfect pre-dinner stuff – cocktails and oysters, with happy-hour prices if you arrive shortly after 6 when it opens. The energy here should kick-start your evening well. On leaving, find **Rua Marcos Portugal** and roll down-hill to **Praça das Flores**. It will unfold with bookends **O Bistro French Restaurant** on the right, colourful **Café Magnolia** on your left, and over the shoulder, the patio of **Calma Restaurant**. So many temptations! Circle the square to see other places – maybe the **Black Sheep**

wine bar, or the big city vibe at **Flores de Papa**, or the French-feeling **Pão de Canela**. Our current favourite is **Alimenter**, a few blocks west on R Nova Piedade. Bustling bistro atmosphere – complete with candles everywhere. And a short menu of delicious food at modest prices. Get a bar stool or a table overlook a tiny rear garden, but reserve ahead. After dinner you might revisit the square for a nightcap and maybe traditional music at the cozy **Indanoite bar**.



A TUK TUK TO THE HILLS OF GRAÇA AND ALFAMA

These hilly, narrow street areas around the castle are best explored with a knowledgeable local. You'll find Tuk-tuk stands all over town (and a better option than the famous 28 Tram). Agree on a price and time schedule, and off you go! A journey combining history and folklore, and a thrilling rollercoaster ride. Your driver will be happy to stop for picture taking or a quick beer (the little glass is called an *Imperial*).

Note: The Graça and Alfama areas are slightly off the map, on the right.

THREE ALTERNATIVE BED OPTIONS

Our current favourite Lisbon accommodation is **TocTocToc** guest house, which is close to Flores Park.<https://www.toctoctoclisboa.com/>

In Chiado we also can recommend **Chiado Arty Flats** (across the square from São Roque church)
<https://chiado-arty-flats.hinn.pt/en>

Independente SUITES Principe Real

(across the Miradoura)

The Suites have a very different vibe (not to be confused with the hostel) and offer old world charm and great value.

<https://www.independente.eu/principe-real/>

WE CAN ALSO RECOMMEND

NEAR CARMO SQUARE

***Bistro 100 Maneiras** in Largo da Trindade
Never disappoints. Chic décor with old world feeling.
Fabolous food and professional service. Ask for a
booth upstairs, and be sure you book the Bistro,
and not the Michelin restaurant of the same name.
<https://100maneiras.com>

Trindade, R. Nova da Trindade 20C,
A beautiful classic tiled hal, specializing in seafood.
<https://www.cervejariatrindade.pt/en/>

Fado ao Carmo, 52. r. Condessa
Best fado in an intimate room serving good food,
must reserve.

IN PRINCIPE REAL

***Boubous**, 32 Monte Olivete
Modern tasting menus, excellent service, garden
room. A real treat.

A Cevicheria, 129. R Dom Pedro
Very cool! Ceviche, sit at the bar, near Prin. Real Park

Lost, 56 R. Dom Pedro – have a cocktail or glass on
their garden patio and take in the fab view

IN CHIADO

Palacio Chiado, 70 R do Alecrim 70
Beautiful converted palace with frescoes, upstairs
dining for lunch or dinner

TAKE AN UBER TO

Museu Azulejo / Tile Museum, Learn history
through tiles. Take an Uber. Stunning former convent.

Gulbenkian Museum, 45 Av. Berna.
Contemporary and classical art, beautiful gardens